



GOBA News

Issue 2, Vol. 30

MAY 2018 NEWSLETTER

IN THIS ISSUE

GOBA 2018

Just one month until GOBA's 30th Anniversary ride!

GOBA Route Policies:

Rider packets will be distributed in Delaware by alpha order. Make sure you review all of the great information included in the packet.

For the 30th Anniversary ride, we will travel through larger metropolitan areas than previous years. Because of rush hour in some locations, we are asking riders to be off the route no later than 4:00 pm. Our support services are available on the route from 7:00 am to 4:00 pm each day and until 2:00 pm on Saturday. Route services include: SAGs, repair, emergency medical, local police, and food stops.

We ask all riders not start riding before 6:00 am for safety reasons because it is still dark.

Along the route, GOBA has worked with non-profits and local businesses to provide two (2) Water/Snack stops and one (1) lunch stop each day, except for optional days and Saturday. While we hope you will stop at these locations (fundraisers for local groups), it's hard to gauge how much food to prepare. If

they run out of food, be prepared to go to the local grocery or restaurants. It is a good idea to carry plenty of water and snacks for emergencies.

If you have special food allergies or dietary restrictions, please bring along extra food.

GOBA Route Policies continues on page 5

Don't forget to fill out your GOBA Medical Profile Form

ALL riders need to send a completed GOBA Medical Profile Form to mary.larson@outdoor-pursuits.org or by mail to: 27 E Home St, Westerville, OH 43081. This form is confidential and used only to offer appropriate aid by our medical staff in the event of a medical emergency.

The link below will take you to the correct form at GOBA.com:

[Link to 2018 Medical Profile Form](#)

Host Town Information:

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Delaware

Pre-GOBA: Saturday, June 16

Welcome to DELAWARE!

One of Central Ohio's most charming downtown shopping and dining destinations, Historic Downtown Delaware attracts visitors from many different states and countries.

You will find many things to please your palette at the numerous non-chain restaurants that make Downtown Delaware a fun eating adventure. A popular and diverse dining destination, food options include American, Italian, Mexican, Asian, Cajun, BBQ and Greek. Fine dining, giant juicy burgers, small plates, chicken and waffles, hand-dipped milkshakes, made-from-scratch pizza and craft brews and wines are just a sample of what visitors like most about eating downtown. Coffee shops, outdoor cafes, mouth-watering chocolates, frozen custard, delicious baked goods, fresh made gelato and ice cream, gourmet cheeses, and olive oils and vinegars on tap are also part of the downtown Delaware foodie experience.

Collectors enjoy browsing for antiques and collectibles along Sandusky Street. Vintage items are also abundant in the shops and bring back bygone days for many as they browse for antique and nostalgic toys and treasures. Other popular boutiques offer children's books, chalk-painted furniture and home décor, vinyl records, pottery painting, consignment clothing, and unique gift items.

Although Downtown Delaware is a family-friendly environment, it is also a place to enjoy award-winning brews. Two micro-breweries and other establishments offering a variety of craft brews on tap enhance the experience. And, a beautiful new winery featuring hand-crafted wines is also a draw.

In addition to all the fun things to experience in Downtown Delaware, two events will be taking place while GOBA is in town. The 5th Annual NOW Watershed Festival is Saturday, Noon-3:00 pm at Mingo Park, featuring information booths, food trucks, and children's activities. The Annual St. Mary Festival is Friday, May 15 and Saturday, May 16, 5:00 pm-Midnight. The St. Mary Festival in downtown Delaware features fun for the whole family, foods, beverages, live music, carnival rides, midway games and more.

Check out the [Destination Delaware County Ohio](#) website for more information.

LODGING INFORMATION

GOBA is first and foremost a camping tour. However, if you want to stay in a hotel, you must make your own arrangements, including transportation.

Indoor camping (floor sleeping) is limited but all host towns will offer some form of indoor sleeping!

Early reservations are encouraged! There will be limited number of spaces available on first-come, first-serve the day you arrive in camp like in prior years.

Newark does not have indoor camping available but has offered 30 rooms (60 beds) at one of their dorms on campus.

Space is limited... so take advantage of early reservations. You can find the form in the March newsletter!

London

Day 1 & 2: Sunday, June 17, & Monday, June 18

London welcomes GOBA!

If you are one of those GOBA riders who likes to keep up with the latest weather conditions, please register your cell phone # with ALERT FIRST through the Madison County EMA. The service is free and you will receive timely emergency information about road closures and severe weather effecting Madison County. Email or call the Madison County EMA to register your name and cell number. Personal information will only be stored for the duration of the event:

dsims@co.london.oh.us / 740-852-4200

As you arrive at the Madison County Fairgrounds on Sunday 6/17, there will be several food options in camp with Buckeye BBQ and St. Patrick Church. For dinner, Buckeye BBQ will be back in camp and just outside the back gate, the Presbyterian Child Care Center will offer dinner of baked spaghetti/with marinara sauce, meatballs, garlic bread, salad and fruit for \$10 per person – RSVP required (details at the end of this article). Out in town, the Fountain of Truth Ministries will offer an all-you-can-eat buffet

for \$12 per person and after dinner they will have a 6:00 pm church service.

Don't forget...there will be live acoustic music and a beer garden in camp. Also, The London State Theater will offer a single showing of "House on Haunted Hill" at the London State Theater.

On Monday morning, Chris Cakes will be in camp preparing your favorite pancakes and sausage breakfast. Also, just a short distance outside of camp, the Madison County Senior Center will have an all you can eat buffet for \$12 per person – again, RSVP's are required.

Buckeye BBQ will be back in camp on Monday for lunch and dinner options. The First United Methodist Church will offer their famous baked steak and tenderloin of pork dinner to include real mashed potatoes and gravy, seasoned green beans, roll, homemade coleslaw, dessert with ice cream. For our vegetarian and vegan friends there will be a vegetable lasagna option available. Price: Adults \$12 and children under 10 \$8 per person – RSVP required.

During dinner at the First United Methodist Church, there will be "Music in the Sanctuary" with Michael Schreffler, Pastor Steve Rath and friends. All proceeds from dinner will go toward maintaining the 124-year old church building... a place you won't want to miss!

If you don't feel like riding on Monday, you could consider a dip in the pool at the London Municipal Pool for \$5 day pass, relax in the shade at Cowling Park, take in a matinee at the State Theater, or take the local bike path to Battelle State Park.

On Monday evening, there will be an outdoor movie in camp and a beer garden.

As you get ready to leave the Madison County Fairgrounds, you can stop and have breakfast with Chris Cakes; the Chamber of Commerce will be offering sacked healthy breakfast snacks – RSVP suggested as quantities are limited.

RSVP information: Contact Jessica at the Madison County Chamber of Commerce office at 740-852-2250 or by email (preferred) jessica@madisoncountyohio.org.



Circleville

Day 3: Tuesday, June 19

Here in **Pickaway County**, we are proud and thankful for all the unique and interesting attractions that our region has to offer. Around the world, we are known as the home of the "Circleville Pumpkin Show" held annually the third week of October but there's so much more!

We have wonderful recreational facilities that feature walking/biking trails, hunting, fishing and boating opportunities, including the new Roundtown trail that connects the YMCA, Circleville Schools and Ohio Christian University. We are fortunate to have two high quality State Parks in our county, Deer Creek State Park and the A. W. Marion State Park, as well as a number of fine golf courses from which to choose.

Plan to visit our interesting museums and historic sites. Mount Oval, built in 1832 and located south of Circleville, is recognized for its unique architecture among early Ohio homes. It is open for tours and remains a working farm used for agricultural education. The Ted Lewis Museum on Main Street and the Clarke-May Museum on Union Street in downtown Circleville will be open during your visit for tours.

While in Circleville be sure to visit the two downtown murals which celebrate our founding and the Circleville Pumpkin Show. Be sure to stop in our many antique and craft stores as well as shops selling clothing, shoes, baked goods, books and so much more. Circleville is the home to Wittich's Candy Shop, believed to be the nation's oldest confectionary continuously owned and operated by one family. They hand make and sell quality chocolates and have ice cream at the soda fountain. Lindsey's Bakery has pumpkin donuts for sale all year long!

The Pickaway County Fair will be taking place while you are in Circleville. The Fair Board is offering a special admission fee for GOBA riders. The cost will be \$2.00 when you present documentation of your GOBA participation. The Fair will have Dino-Roar shows all day on June 19th; this animatronics show brings to life 6 dinosaurs. In addition, there will be entertainment by Sibling Rivalry, a local cover band, at 7:00 pm on the Midway Stage and Moto-Cross at the Grandstand at

7:30 pm, as well as amusement rides, 4-H projects on display and plenty of fair food!

The Circleville City Schools campus will allow for plenty of outdoor camping with beautiful grounds including a small wetland area. The Athletic Boosters will be selling snacks throughout your stay and coffee the morning of your departure with all proceeds benefiting our student athletes. CCS is offering indoor, air conditioned camping at its Elementary School on campus. There is plenty to do on campus with walking paths connected back into town and Ohio Christian University, and sidewalks to get you walking towards the County Fair. All proceeds raised during this event will benefit the students at Circleville City Schools.

We are excited to share our small town charm with you!

Song Contest **On Tuesday night 6/19** **in** **CIRCLEVILLE!**

The 30th Annual GOBA Song Contest is back on a different day but same time. Everyone is invited to join in!

Rules:

- **Sign up** at the GOBA Info Booth by **7:30 pm Monday!**
- Performance up to 2 minutes including intro.
- Prepare to leave a copy of your lyrics so they can be reviewed... so keep it **CLEAN and FUN!**
- Only one song per group!
- Song order to be posted on the GOBA Info Board by 1:00 pm Tuesday.

The winner will receive a free 2019 GOBA registration (groups will share one free registration).

**SALUTE TO OUR
GOLDEN GOBAS!**

WEDNESDAY 6/20

Riders celebrating their **10th, 15th, 20th, 25th or 30th GOBA** tour are invited to the Golden GOBA Dinner on Wednesday, 6/20 in Lancaster.

Invitations will be mailed by the end of May, and we need RSVP's for this dinner.

If you haven't received an invitation by June 9 and you feel you are a Golden GOBA rider, please contact us at goba@outdoor-pursuits.org or 614-273-0811.

Lancaster

Day 4 & 5: Wednesday, June 20 & Thursday, June 21

Welcome to Lancaster!

Lancaster promises GOBA riders plenty of activities, with something fun for everyone!

Visit Fairfield County and Lancaster Parks & Recreation are working together to host your visit in our town. Most of the entertainment we have planned will take place in our beautiful City Parks downtown. Zane Square will host food trucks, live music, a karaoke contest, a beer garden, and more fun than you can imagine!

On Wednesday from 2-4 pm, hop on a shuttle and head downtown for a **welcome reception!** You'll hear some great music, take part in some family-friendly activities, and get a taste for Lancaster. Have some cotton candy and water, courtesy of our sponsors. Or try ice cream and other snacks from some of the area's favorite places. Play games, see some fun entertainment, and get to know your new friends in town!

On Wednesday evening, come back to Zane Square for a **free concert** by one of **Lancaster continues on page 3**

LANCASTER *continued from page 3:*

Lancaster's favorite local bands from 5:00-6:30 pm. Stick around for the big **Karaoke Contest** at 7 pm. Take your turn at the microphone for a chance to win cash prizes!

On Thursday morning from 9 am to noon, families – especially those with kids ages 3-12 – will want to join the locals at the popular **United Way Day of Giving** in Fountain Square. COSI will present a Science Spot and there will be lots of interactive displays from groups including the library, South Central Power, and the Parks Department. The Ohio Glass Museum will teach kids how to play marbles, the Fire Department is bringing a giant aerial ladder, and kids can sit in the driver's seat of a police cruiser and learn all the controls. Play with the parachute or giant bubble maker, and burn off some energy in the bounce houses or the yoga & dance classes.

Hop on the shuttle on Thursday evening for some more great entertainment! **Vital Signs**, the Fairfield Medical Center's popular rock cover band, will play from 5-6:15 pm. At 7 pm, get your Southern Rock on! **Skinny Molly**, originally formed by founding members of Lynyrd Skynyrd and Molly Hatchet, now tours with musicians from Lynyrd Skynyrd, Rossington Band, Blackfoot, and the Grand Ol' Opry. This is your chance to hear some of your favorite songs performed by the original artists!

In addition to the exciting entertainment options, you can take advantage of there are plenty of other activities. The **Fairfield County District Library** (219 N. Broad St.) wants to be your home away from home and offers great amenities like air conditioning, free WiFi, cell phone charging stations, a Teen Room, computer access, and a **free movie** on Thursday at 6 pm. Grab some snacks and soak up the air conditioning during the classic bike movie *"Breaking Away."* They'll be popping popcorn and will have plenty of water!

Visit **Natural Remedies** at 323 S. Broad St. on Wednesday at 6:30 pm for Heated Yoga (\$12) or Thursday at 6 pm for Hip Hop Fitness (\$5). GOBA riders get \$10 off any regular price one-hour massage. For the deepest relaxation, try their float tank! Call 740-407-2814.

Lancaster offers GOBA visitors all the comforts of home. The city's hotels have been recently renovated. Indoor sleeping at our historic Fairgrounds will be available on a first-come, first-served basis. Concessions

will be available at the Fairgrounds, or hop on one of our shuttles for a taste of Lancaster.

Of course, all the restaurants, shops, and attractions are ready to welcome you! Shuttles will take you wherever you need to go. Some stops will be: Kroger, Tiki Lanes Bowling, Miller Pool, the mall, AHA! Children's Museum, the laundromat, and all the great restaurants, cultural attractions, and fun pubs along Main Street.

During your stay in Lancaster, here are some downtown destinations you won't want to miss!

- Marvel at outstanding examples of mansions and homes from the 1800s in the city's National Historic Districts known as Square 13.
- The Decorative Arts Center will show how costumes create illusion and help bring characters to life, featuring pieces from Paramount movies like "Forrest Gump" and "Mission Impossible." This is the only time and place this incredible exhibit will ever be displayed!
- William Tecumseh Sherman's birthplace is fully restored and houses many family treasures, as well as an extensive Civil War exhibit that features a life-size recreation of Sherman's field tent.
- Experience our art exhibits and create your own masterpiece at the Decorative Arts Center or Art & Clay on Main. Call 740-687-0101 in advance to arrange a flameworking or glassblowing class.
- Lancaster Parks & Recreation has acres of beautiful grounds with hiking, biking, fishing, tennis, disc golf, ball fields, and playgrounds, all within a few minutes' walk of your camp. Don't miss the chance to see the changing Ohio landscape from the top of Lancaster's iconic symbol, Mount Pleasant, rising above the Fairgrounds.

Thanks to Friends of the Lancaster Parks, Dagger Law, Fairfield National Bank, Edward Jones Investments, Harper Family McDonalds, Stifel Financial Advisors, Wichert Insurance, Bremen Bank, Krogers, and Halterman-Fett and Dyer Funeral Home for their financial support of GOBA activities.

TOUR IDEAS

Fun Bus Shuttles will be available on Thursday, June 21st from 9:00 am until 6:00 pm on a continuous loop for our **Brewery & Winery Tour**. On this excursion, you can safely indulge in specials set up just for GOBA riders. You will have the chance to experience three wineries and three breweries during our hop-on hop-off tour. Drink up the fun all over the county!

If you are more into history than hops, check out our **Covered Bridge Tour**. Step back in time and explore four incredible covered bridges. Appreciate the stunning view from the Rock Mill bridge. See the second-fastest running creek in Ohio from the Johnson and Hannaway bridges in Two Glaciers Park. And in Arney Run Park, you'll visit the bridge with the longest official name in the U.S. Each one has a story that makes it unique. Fairfield County has the most original covered bridges in the state of Ohio. Come with us to learn about these little 'house bridges' and enjoy a catered lunch. Visit www.funbus.com for all the details on both tours and learn how to get signed up.

GOBA 30 Sports Massage Therapy by Evonne

Yes, Evonne is back to help us all with fewer aches and pains, better sleep, and more energy for a week of riding.

Massage helps your body flush out the trapped waste and aids your circulation in carrying it away for disposal. Getting the old blood out leaves more room for the new oxygenated blood, so you start the next day with more fuel and with more flexibility.

Don't miss a chance to benefit from this at the hands of experienced professionals! All are licensed by the State of Ohio Medical Board and come from all over the state.

Look for the ever-present big blue and white tent in every camp except Delaware.

If you have questions, email Evonne at evonne@cinci.rr.com.

REMINDERS:

May 16 – Deadline for Registration or Cancellation

June 16 – GOBA camp and registration opens at 12 noon!

YOUR GOBA MEDICAL DIRECTORS SAY...

If you have any medical problems or conditions, we recommend that you see your doctor for clearance to participate on GOBA:

Don't forget to fill out your Medical Profile Form!

Also, be sure to bring with you any prescriptions you may need for the week!

VOLUNTEERS NEEDED!**Before GOBA:**

Packet stuffing: 6/6 & 6/7;
Load/unload trucks on Fri 6/15 & Sat 6/23

Contact: Mary Larson at mary.larson@outdoor-pursuits.org

During GOBA:

Truck drivers needed for GOBA supply and equipment trucks. A current driver's license required!

Car Camper Coordinator needed to direct car campers to the proper location. Contact Mary Larson at mary.larson@outdoor-pursuits.org for more details!

Registration & Info Booth on tour: Shifts available for the first Sat., or all week; many options for times & days. Contact: goba@outdoor-pursuits.org

GOBA Safety Cycle team: Help run the Safety Show in Delaware, Sat. & Sun 6/16 & 6/17. For details contact: Jody Dzurinin at joddzurinin@gmail.com

Newark

Day 6: Friday, June 22

Explore Licking County welcomes GOBA!

As you enter Licking County on Friday, your first stop will be for lunch in the Village of Buckeye Lake. Buckeye Lake was built in 1826 as a feeder lake for the Ohio Erie canal system. Recreation was a popular activity at the lake in the nineteenth century, and many people visited Buckeye Lake Amusement Park that operated in the 1940's and 1950's. In 1949, Buckeye Lake State Park was created and became the first State Park in Ohio.

Your next stop will be The Dawes Arboretum, a nearly 2,000-acre tree museum dedicated to enriching lives through the conservation of trees and nature. Dawes invites those riding with GOBA to take a break, enjoy a light snack and refill water at our newly expanded Learning Garden. The Learning Garden features a patio social space to take in the spectacular views.

The Ohio State University – Newark and the Central Ohio Technical College campus will be your stop for the night. If camping is not your thing, we have some great hotels, inns and B&B's in the area. Take a look at www.explorelic.org/places for a complete list of some great places to rest your head for the night.

Get your camp set up early though, because we have a party going on in Downtown Newark. Starting at 4:00 pm, you can hop on a shuttle and stroll through the Canal Market District. Canal Market District is an open-air Farmers Market pavilion; the Farmers Market is from 4:00pm to 7:00pm.

The Downtown Summerfest, a Celebration of Hometown Hero's, will be going on from 6:00 pm to 10:00 pm. We have some very special guests in town for this event: the Budweiser Clydesdales will be parading around Downtown Newark starting at 6:00 pm. After that, there will be live music, a beer garden, food trucks, historic jail tours and many great restaurants to choose from. There will also be free live music at the Bootlegger Bar inside of Thirty One West. Thirty One West is dedicated to introducing quality music – known and unknown – to Licking County and beyond.

If you're interested in seeing live theatre, Weathervane Playhouse, Ohio's longest

running performance summer stock theatre is performing, "I Hate Hamlet" starting at 7:30 pm. All GOBA riders can receive a buy one, get one, free ticket by mentioning GOBA when purchasing your ticket. There will be shuttles running to the playhouse before the start of the show and at the end of the show.

Shuttles will run all evening between OSU-N and Downtown Newark beginning at 4:00 pm. Don't miss the last shuttle back to camp at 10:00 pm.

On Saturday, you'll enjoy lunch in the Village of Johnstown on the Town Square as you make your way back home. Thank you for visiting, hopefully our paths will cross again.

**GOBA Route Policies continued from page 1:**

The GOBA route each day is marked with the letter "A": alternating yellow and white for "regular" ride days and orange for optional loop days. Please check the Info Board in camp for updates to the route as the route can change due to circumstances beyond our control.

Bike Paths: please remember that these are public trails. Be alert for posts on the trail at road crossing and always watch for pedestrians walking. Be extremely cautious crossing at high traffic roads and railroad tracks. Never say or call out "CLEAR" at intersections and especially to riders behind you.

Walk your bike over dangerous road conditions. Be alert to changes in road surface which can affect your control of the bike, such as tar and chip surfaces, potholes, short gravel sections and construction projects. This year's route includes some blind curves, rough spots, gravel and potholes and, especially, a few hills.

Ride single file in the presence of traffic. Remember that GOBA routes use public roadways with motor vehicles and trucks!

Always ride to right of center as some roads are very narrow and don't have a center line. If you can, get off the road surface when walking your bike.

GOBA Route Elevation from Ride with GPS

Sunday, June 17: Delaware to London

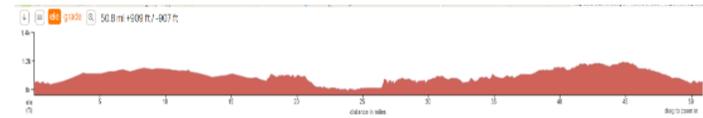
57.6 miles +947 ft/-813 ft



Monday, June 18: London Layover day

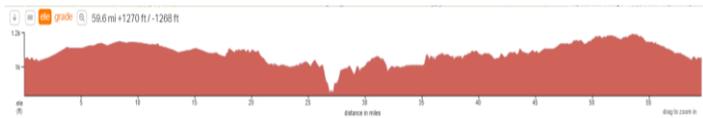
50 mile loop

51.4 miles +919 ft/-918 ft



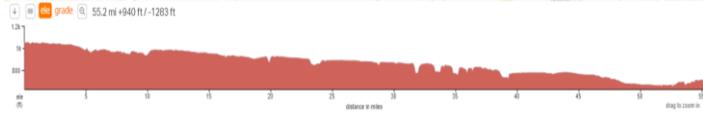
60 mile loop

60.1 miles +1279 ft/-1279 ft



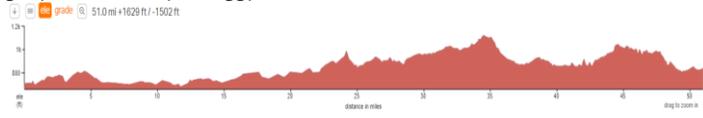
Tuesday, June 19: London to Circleville

55.5 miles +953 ft/-1296 ft



Wednesday, June 20: Circleville to Lancaster

51.4 miles +1684 ft/-1557 ft



Thursday, June 21: Lancaster Layover day

50 mile loop

50.2 miles +2343 ft/-2343 ft



100 mile

Century Ride

100.2 miles +5058 ft/-5068 ft



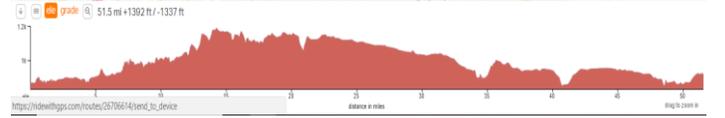
Friday, June 22: Lancaster to Newark

51.8 miles +1959 ft/-1994 ft



Saturday, June 23: Newark to Delaware

51.5 miles +1392/-1337 ft



GOBA Store

It's not too late to pre-order your GOBA jerseys and t-shirts online! If there is not enough time to ship, your order will be available at the GOBA store for pickup on Saturday, June 16.

[Link to GOBA Store merchandise](#)

GOBA merchandise (jerseys and t-shirts) will be available for purchase in camp while supplies last!

RIDE WITH GPS maps will be available to download **Tuesday, May 29th**!

Registered riders will receive an email invitation with a link to join **Ride With GPS**. Just follow the online process and you will have access to GOBA route maps. There are a few tutorials on their website if you want to know more about the program. If you have a problem, contact GOBA at goba@outdoor-pursuits.org or call the office at 614-273-0811.

Paper rider maps will be available at GOBA Info each day.



GOBA News

27 E Home St
Westerville, OH 43081